

### Featuring World Renowned Faculty

#### **Course Director**

Gustavo Fernandez-Ranvier, MD, PhD Professor in Surgery Associate Director of the Endocrine Surgery Clinical Fellowship Director of the Metabolic and Endocrine Research Fellowship Icahn School of Medicine at Mount Sinai New York, NY

#### Course Co-Director Insoo Suh, MD, FACS

Professor, Division of Endocrine Surgery
Vice Chair of Surgical Innovation
Director, Endocrine Surgery
Fellowship Program
Director of Minimally Invasive
Endocrine Surgery
Department of Surgery,
NYU Grossman School of Medicine
Chief of Endocrine Surgery,
NYC Health+ Hospitals / Bellevue
Clinical Faculty Lead, NYU
Technology Opportunities & Ventures
New York, NY



#### **Provided by**

Department of Surgery Icahn School of Medicine at Mount Sinai

## 7<sup>TH</sup> NY Masters Course in

# Comprehensive Endocrine Surgery

Current trends in endocrinology and surgical techniques will be discussed with an emphasis in innovations in diagnosis and treatment of endocrine disease.

### **December 11-12, 2025**

#### **Hess Center for Science and Medicine**

The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium 2nd floor, 1470 Madison Avenue (Between 101st and 102nd Streets) New York, New York



https://mssm.cloud-cme.com/2025MastersEndo



#### **COURSE DESCRIPTION**

The sessions will cover intensive reviews of key endocrinology and endocrine surgery topics. In addition to basic and controversial topics in thyroid, parathyroid, adrenal, and pancreatic disorders, the sessions will focus on familial and neuroendocrine topics that are relevant to clinicians with an interest in endocrinology and endocrine surgery. Current trends in endocrinology and surgical techniques will be discussed with an emphasis in innovations in diagnosis and treatment of endocrine disease. At the end of each session a robust case presentation and panel discussion will take place that will allow for a high degree of dialogue between audience and faculty.

#### THE OBJECTIVES OF THE COURSE ARE AS FOLLOWS:

- Demonstrate the ability to perform appropriate surgical techniques for thyroidectomy, parathyroidectomy, adrenalectomy, and neck dissections using anatomical landmarks and evidence-based protocols to minimize complications and improve surgical outcomes.
- 2. Evaluate and implement best practices for the perioperative management of endocrine surgical procedures, including the identification of indications and contraindications, to enhance patient safety and optimize recovery.
- **3**. Apply evidence-based guidelines to preoperative risk assessment and surgical planning for thyroid and parathyroid disorders to enhance patient safety and clinical outcomes.

#### **TARGET AUDIENCE**

General, Endocrine, and Head and Neck Surgeons, Endocrinologists, Otolaryngologists, Primary Care Physicians, Residents, Fellows, and Allied Health Professionals.

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### **Agenda |** Thursday, December 11, 2025

| 7:00 am       | Registration and Breakfast  |                             |
|---------------|---|-----------------------------|
| 7:30 am       | Welcome and Introduction Gustavo Fernandez-F  | Ranvier, MD, Insoo Suh, MD  |
| ADRENAL       | Moderators: <b>Gustavo Fernandez-R</b>  | anvier, MD, Insoo Suh, MD   |
| 7:40 am       | New Paradigms in the Management of Primary Aldosteronism  | Quan Yang Duh, MD           |
| 8:00 am       | Cushing's Syndrome and Other Forms of Hypercortisolism: When Should We Operate?   | Alice Levine, MD            |
| 8:20 am       | Updates in the Management of Pheochromocytoma & Paraganglioma   | William B. Inabnet, III, MI |
| 8:40 am       | Front or Back? Hands or Robot? How to Approach the Adrenal Surgically   | James Lee, MI               |
| 9:00 am       | Are We Making Progress in the Treatment of Adrenocortical Cancer?   | Celina Ang, MI              |
| 9:20 am       | Panel Discussion  |                             |
| 9:40 am       | Break   |                             |
| NEUROENDOC    | RINE TUMORS (NETs) Moderators: William B. Inabnet   | III, MD, Quan-Yang Duh, ME  |
| 10:00 am      | Medical Interdisciplinary Management of NETs  | Edward Wolin, MD            |
| 10:20 am      | Surgical Approaches to Metastatic NETs  | Celia Divino, MD            |
| 10:40 am      | Surgery vs. Surveillance for PNETs  | John Allendorf, MI          |
| 11:00 am      | Innovations and Trials in the Treatment of NETs   | Brian Untch, MI             |
| 11:20 am      | Panel Discussion  |                             |
| PARATHYROID   | Moderators: James Lee,  | MD, Alexander Shifrin, MI   |
| 11:40 am      | The Latest in Hyperparathyroidism-Related Guidelines  | Amanda M. Laird, MI         |
| 12:00 am      | Use of Surgeon-Performed Ultrasound and Other Parathyroid Localization Techniques   | Raymon Grogan, MI           |
| 12:20 pm      | Technical Approaches to Parathyroidectomy   | Wen Shen, MI                |
| 12:40 pm      | The Dreaded Complication: Hypoparathyroidism  | Randal Owen, MI             |
| 1:00 pm       | Panel Discussion  |                             |
| 1:20 pm       | Lunch   |                             |
| THYROID1      | Moderators: Randall O   | wen, MD, Anna Kundel, MI    |
| 2:00 pm       | Overview of Thyroid Imaging   | Jason Prescott, MI          |
| 2:20 pm       | Management of Graves Disease and Thyroid Eye Disease: Expanding Surgical Indications?   | Rachel Arakawa, MI          |
| 2:40 pm       | The Gigantic Goiter   | Rohit Ranganath, MI         |
| 3:00 pm       | Advances in Molecular Testing for Indeterminate Thyroid Nodules   | Sumedha Chablani, MI        |
| 3:20 pm       | Panel Discussion  |                             |
| 3:40 pm       | Break   |                             |
| MEN and FAMIL | LIAL ENDOCRINOPATHY Moderators: Amanda Lairo  | i, MD, Raymon Grogan, MI    |
| 4:00 pm       | Updates in the Diagnosis and Management of MEN 1  | Toni Beninato, MI           |
| 4:20 pm       | Updates in the Diagnosis and Management of MEN 2  | Brendan Finnerty, M         |
| 4:40 pm       | Other Familial Endocrinopathies: Familial Hyperparathyroidism, Familial Non-Medullary Thyroid Cancer, Familial Pheochromocytoma/Paraganglioma | Anna Kundel, Mi             |
| 5:00 pm       | Panel Discussion  |                             |
| 5:20-7:00 pm  | Cocktail Reception (Faculty and Attendees)  |                             |

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### **Agenda |** Friday, December 12, 2025

| 7:00 am | Registration and Breakfast       |
|---------|----------------------------------|
| 1.00 am | i iculsti attori artu bi cantast |

| INNOVATION | NS IN ENDOCRINE SURGERY                      | Moderators: William Inabnet, MD, Aida Taye-Ballestri, MD |
|------------|--|--|
| 7:40 am    | The Latest in Thyroid Nodule Ablation        | Jennifer Kuo, MD   |
| 8:00 am    | Transoral Thyroidectomy - The Latest         | Gustavo Fernandez Ranvier, MD                            |
| 8:20 am    | Integrating AI in Endocrine Surgery Practice | Denise Lee, MD   |
| 8:40 am    | Robotics in Endocrine Surgery                | Rasa Zarnegar, MD  |
| 9:00 am    | Panel Discussion                             |  |
| 9:20 am    | Break  |  |

| PARATHYRO | Moderator   | s: Wen Shen, MD, Denise Lee, MD |
|-----------|---|---------------------------------|
| 9:40 am   | Innovations in Intraoperative Parathyroid Imaging                     | Insoo Suh, MD                   |
| 10:00 am  | The Difficult Parathyroid Gland – Tips and Tricks                     | Hunter Underwood, MD            |
| 10:20 am  | The Latest in Renal Hyperparathyroidism Management                    | Aida Taye-Ballestri, MD         |
| 10:40 am  | Normocalcemic Hyperparathyroidism and Other Challenging Presentations | Irene Lou, MD                   |
| 11:00 am  | Panel Discussion  |                                 |
| 11:20 am  | Break   |                                 |

| THYROID 2 | Moderators: <b>Thomas F</b> a  | ahey, MD, Jason Prescott, MD |
|-----------|--|------------------------------|
| 11:40 am  | Thyroid Cancer Staging and Risk Stratification                             | Rachel Arakawa, MD           |
| 12:00 pm  | Avoiding Overtreatment and Undertreatment in Differentiated Thyroid Cancer | R. Michael Tuttle, MD        |
| 12:20 pm  | Medullary Thyroid Cancer, Comprehensive Management                         | Brian Untch, MD              |
| 12:40 pm  | Advanced Thyroid Cancer - New Therapies and Trials                         | Kepal Patel, MD              |
| 1:00 pm   | Role of Remote Access Approaches for Metastatic Thyroid Cancer             | Hyunsuk Suh, MD              |
| 1:20 pm   | Panel Discussion   |                              |
| 1:40 pm   | Lunch  |                              |

| CHALLENG | ES IN ENDOCRINE SURGERY                                       | Moderators: Quan-Yang Duh, MD, Kepal Patel, MD              |
|----------|---|---|
| CHALLENG | LS IN ENDOCRINE SUNGER I                                      | viodel atol 5. <b>Quali-laily Duli, MD, Repai Fatei, MD</b> |
| 2:20 pm  | Recurrent Laryngeal Nerve Injury – How Do I Manage it?        | Randall Owen, MD  |
| 2:40 pm  | Reoperative Parathyroid Surgery                               | Alexander Shifrin, MD                                       |
| 3:00 pm  | Surgical Management of Really Challenging Adrenocortical Canc | ers Thomas Fahey, MD  |
| 3:20 pm  | Reimbursement Strategies for Endocrine Surgery                | Elliot Scott, MD  |
| 3:40 pm  | Panel Discussion  |   |
| 4:00 pm  | Adjournment   |   |
| 6:30 pm  | Faculty Dinner  |   |

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#### **Faculty**

#### **COURSE DIRECTOR**

#### **GUSTAVO FERNANDEZ RANVIER, MD, PhD**

Professor in Surgery

Associate Director of the Endocrine Surgery Clinical Fellowship Director of the Metabolic and Endocrine Research Fellowship Icahn School of Medicine at Mount Sinai New York, NY

#### **COURSE CO-DIRECTOR**

#### INSOO SUH, MD, FACS

Professor, Division of Endocrine Surgery
Vice Chair of Surgical Innovation
Director, Endocrine Surgery Fellowship Program
Director of Minimally Invasive Endocrine Surgery
Department of Surgery, NYU Grossman School of Medicine
Chief of Endocrine Surgery, NYC Health+Hospitals / Bellevue
Clinical Faculty Lead, NYU Technology Opportunities & Ventures
New York, NY

#### **GUEST FACULTY**

#### JOHN ALLENDORF, MD

Professor and Chairman of Surgery NYU Grossman Long Island School of Medicine NYU Langone Hospital – Long Island Mineola, NY

#### TONI BENINATO, MD, MS, FACS

Associate Professor of Surgery Section of Endocrine Surgery Rutgers Cancer Institute Rutgers Robert Wood Johnson Medical School Rutgers School of Public Health New Brunswick, NJ

#### SUMEDHA CHABLANI, MD

Director, Manhattan Thyroid Program Clinical Assistant Professor Holman Division of Endocrinology, Diabetes & Metabolism NYU Grossman School of Medicine New York, NY

#### **QUAN-YANG DUH, MD, FACS**

Chief, Section of Endocrine Surgery Professor of Surgery Department of Surgery University of California, San Francisco San Francisco, CA

#### THOMAS J. FAHEY III, MD

Johnson and Johnson Professor and
Vice-Chair, Department of Surgery
Chief, Endocrine Surgery
Director, Endocrine Oncology Program
The New York Presbyterian Hospital-Weill Cornell Medical Center
New York, NY

#### **BRENDAN FINNERTY, MD, FACS**

Associate Professor of Surgery Endocrine & Minimally Invasive Surgery Program Director, Endocrine Surgery Fellowship Weill Cornell Medicine New York, NY

#### RAYMON H. GROGAN, MD, MS, FACS

Professor of Surgery Section Chief of Endocrine Surgery Michael E. DeBakey Dept. of Surgery Baylor St. Luke's Medical Center Houston, TX

#### WILLIAM B. INABNET III, MD, MHA, FACS

Johnston-Wright Endowed Professor and Chair Department of Surgery University of Kentucky College of Medicine Surgeon-in-Chief, UK HealthCare Lexington, KY

#### ANNA KUNDEL, MD, FACS

Medical Director, Department of Endocrine Surgery Assistant Professor of Surgery Icahn School of Medicine at Mount Sinai Valley Medical Group Paramus, NJ

#### JENNIFER H. KUO, MD, MS, FACS, ECNU

Richard L. White Associate Professor Endocrine Surgery | Columbia University Director | Interventional Endocrinology Program Program Director | Endocrine Surgery Fellowship Program New York, NY

#### AMANDA M. LAIRD, MD

Chief, Section of Endocrine Surgery, Surgical Oncology Rutgers Cancer Institute Professor of Surgery Rutgers Robert Wood Johnson Medical School New Brunswick, NJ

#### JAMES LEE, MD

Edwin K. and Anne C. Weiskopf Professor of Surgery Chief, Division of Endocrine Surgery Columbia University Medical Center New York, NY

#### **IRENE LOU, MD, FACS**

Clinical Assistant Professor of Surgery The Brooklyn Hospital Center Brooklyn, New York

#### KEPAL N. PATEL, MD, FACS

Professor of Surgery, Biochemistry & Molecular Pharmacology, and Otolaryngology-Head & Neck Surgery Vice-Chair, Faculty Affairs Chief, Division of Endocrine Surgery Director, Thyroid Cancer Interdisciplinary Program NYU Langone Health New York, NY

#### JASON D. PRESCOTT, MD, PhD, FACS

NYU Grossman School of Medicine Associate Professor, Endocrine Surgery Program Director, Residency in General Surgery NYU Langone Hospital Brooklyn, NY

#### ELLIOT J. SCOTT, MD, FACS

General and Endocrine Surgery Ochsner Health New Orleans, LA

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#### WEN T. SHEN, MD, MA

Professor of Surgery NYU Grossman School of Medicine NYU Langone Medical Center New York, NY

#### ALEXANDER SHIFRIN, MD, FACS, FACE, FEBS, ECNU, FISS

Surgical Director of Endocrinology Atlantic Health CentraState Medical Center Freehold, NJ

#### **HYUNSUK SUH, MD**

Chief Surgeon, Founder American Endocrine Atlanta, GA

#### R. MICHAEL TUTTLE, MD

Chief, Endocrinology Service Memorial Sloan Kettering Cancer Center Professor of Medicine Weill Cornell School of Medicine New York, NY

#### **HUNTER J. UNDERWOOD, MD**

Assistant Professor of Surgery Division of Endocrine Surgery University of Michigan Ann Arbor, MI

#### **BRIAN R. UNTCH, MD**

Attending Surgeon Head and Neck Service Gastric and Mixed Tumor Service Memorial Sloan Kettering Cancer Center New York, NY

#### RASA ZARNEGAR, MD, FACS

Professor of Surgery Frank Glenn Faculty Scholar in Surgery Director of Robotic Surgery Division of Endocrine and Minimally Invasive Surgery Department of Surgery Weill Cornell Medicine New York, NY

#### **MOUNT SINAI FACULTY**

#### **CELINA ANG, MD, FRCPC**

Associate Professor of Medicine Gastrointestinal Oncology Icahn School of Medicine at Mount Sinai New York, NY

#### **RACHEL ARAKAWA, MD**

Assistant Professor
Division of Endocrinology, Diabetes, and Bone disease
Department of Surgery, Division of Endocrine Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

#### CELIA M. DIVINO, MD, FACS

The Edelman Professor of Surgery Chief, Division of General Surgery Vice Chair for Education Program Director, The Mount Sinai General Surgery Training Program The Mount Sinai Hospital New York, NY

#### **DENISE LEE, MD, FACS**

Assistant Professor of Surgery
Co-Director of Surgical Artificial Intelligence and Innovation Program
Division of Surgical Oncology and Endocrine Surgery
Department of Surgery
Department of Artificial Intelligence and Human Health
Icahn School of Medicine at Mount Sinai
New York, NY

#### ALICE C. LEVINE, MD

Professor of Medicine and Oncological Sciences
Division of Endocrinology, Diabetes and Bone Diseases
Icahn School of Medicine at Mount Sinai
Co-Director Adrenal and Pituitary Centers
System Wide Program Director Endocrinology Fellowship Training
Program
Mount Sinai Health System
New York, NY

#### RANDALL P. OWEN, MD, MS, FACS

Chief, Section of Endocrine Surgery
Division of Surgical Oncology, Department of Surgery
Mount Sinai Hospital,
Program Director, Endocrine Surgery Fellowship
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System
New York, NY

#### **ROHIT RANGANATH, MD**

Assistant Professor, General Surgery Icahn School of Medicine at Mount Sinai Division of Surgical Oncology Mount Sinai Health System New York, NY

#### AIDA TAYE BELLISTRI, MD, FACS

Associate Professor of Surgery Icahn School of Medicine at Mount Sinai Division of Endocrine Surgery and Surgical Oncology Director, The Mount Sinai Renal Hyperparathyroidism Program Mount Sinai Health System New York, NY

#### EDWARD M. WOLIN, MD

Director of the Center for Carcinoid and Neuroendocrine Tumors Tisch Cancer Institute at Mount Sinai Professor of Medicine, Medical Oncology Icahn School of Medicine at Mount Sinai New York, NY

#### **Faculty Disclosure Policy**

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all accredited CE educational activities. All individuals in control of content of an activity accredited by ISMMS are expected to disclose all their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships are mitigated and disclosed to learners before the activity takes place. All relevant financial relationships have been mitigated.

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### REGISTER ONLINE

https://mssm.cloud-cme.com/2025MastersEndo

#### **GENERAL INFORMATION**

#### **REGISTRATION FEES**

|                              | Early Bird | After October 31st, 2025 |
|------------------------------|------------|--------------------------|
| Physicians                   | \$650      | \$750                    |
| Allied Health                | \$250      | \$300                    |
| Residents, Fellows, Students | \$100      | \$150                    |
| Non-US/Non-Canadian          | \$350      | \$400                    |

#### **ACCREDITATION**

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### **CREDIT DESIGNATION**

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 15.50 *AMA PRA Category 1 Credit*(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **VERIFICATION OF ATTENDANCE**

Verification of attendance will be provided to all professionals.

#### **SPECIAL NEEDS**

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, email the Office of CME at cme@mssm.edu.

#### CANCELLATION

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by November 28, 2025. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.